



## Physical Education - 5 Year programme of study

Year 7	Year 8	Year 9	Year 10	Year 11
Football	Football	Football	<b>Option pathway 1</b> Creative – Healthy body and mind <b>Fitness/Yoga/Spinning/            Boxercise/Dance</b>	<b>Option pathway 1</b> Creative – Healthy body and mind <b>Fitness/Yoga/Spinning/            Boxercise/Dance</b>
Netball	Netball	Netball		
Hockey	Hockey	Hockey		
Rugby	Rugby	Rugby		
Fitness	Fitness		<b>Option pathway 2</b> <b>Leadership – Sports            leader award            Level 2</b>	<b>Option pathway 2</b> <b>Leadership – Sports            leader award            Level 2</b>
Handball	Handball	Fitness - PEP		
OAA	OAA	Handball		
<i>Olympic legacy</i>	<i>Sports leaders</i>	<i>Sports leaders</i>	<b>Option pathway 3</b> <b>Team games</b>	<b>Option pathway 3</b> <b>Team games</b>
<i>Short Tennis</i>	<i>Badminton</i>	<i>Basketball</i>		
Athletics	Athletics	Badminton	<b>Athletics</b>	<b>Athletics</b>
Cricket	Cricket	Athletics		
Rounders	Rounders	Cricket	<b>Cricket/Rounders</b>	<b>Cricket/Rounders</b>
Tennis	Tennis	Rounders		