



DEBENHAM HIGH SCHOOL
ANNUAL SPORTS DAY
Wednesday 28th June 2017



A warm welcome to all our parents and friends; we hope you will enjoy the day's competition.

There are 5 Houses: Da Vinci – White Owens – Gold Austen – Purple
 Nelson – Blue Curie - Green

Although the majority of the events are individual, **ALL** competitors are earning points for their House.

Those people who were present at the School Sports Day in 1999 will surely remember Simon Crofts taking part in the 800m. Despite undergoing treatment for leukaemia, Simon was determined to run and support his House. He displayed much determination and courage to finish the race. He did not win – but that was not the point. He had wanted to take part and do his best, and he did.

These are the qualities we will be looking for in the winner of the Simon Crofts memorial trophy, introduced in Simon's memory – a willingness to participate in some capacity, a desire to support one's House and a determination to do one's best. They are qualities we found in previous winners Jeremy Ashdown, Lisa Stringer, Lizzie Sadler, Katherine Lacey, Emma Beard, Josh Wright, Nathan Teeder, Samantha Brown, Jules Duhamel, Kathryn Hailes, Tom Huband, Millie Pethybridge, Gemma Moore, Zac Davies, Megan Kingston, Henry Bullock, Harry Eade, Ben Evans, Rebekah Tavendale and Hannah George.

We will be presenting the Simon Crofts Memorial Trophy and the Championship Shield immediately following the last relay.

Please give ALL competitors your support (if you wish to see your son or daughter compete in any of the field events you may go to any of these areas, but please be wary of the shot).

Refreshments will be available for parents/carers between 11.00am – 12.00pm, A Barbecue lunch is also available with pupils between 12.30pm and 1.30pm.

Thank you to all those helping; we hope you all have an enjoyable time.

Mr N. Mitchell, Ms V. Sandall, Mr K. Cook and Mrs C. Thomas

TRACK EVENTS:

RECORDS:

10.10	T1	Junior Girls	800m	S Fiske	2.34	1988
	T2	Junior Boys	800m	T Connors	2.23	1989
	T3	Senior Girls	800m	S Fiske	2.30	1989
	T4	Senior Boys	800m	T Connors	2.01	1992
10.35	T5	Yr 7 Girls (A)	100m	M Hammond	12.50	1983
	T6	Yr 7 Girls (B)	100m			
	T7	Yr 7 Boys (A)	100m	H Fisk	12.48	2003
	T8	Yr 7 Boys (B)	100m			
	T9	Yr 8 Girls (A)	100m	A Ratcliffe	12.47	2005
	T10	Yr 8 Girls (B)	100m			
	T11	Yr 8 Boys (A)	100m	H Fisk	12.20	2004
	T12	Yr 8 Boys (B)	100m			
	T13	Yr 9 Girls (A)	100m	M Hammond	12.50	1983
	T14	Yr 9 Girls (B)	100m			
	T15	Yr 9 Boys (A)	100m	C Tostevin	11.73	2003
	T16	Yr 9 Boys (B)	100m			
	T17	Yr 10 Girls (A)	100m	M Hammond	12.50	1983
	T18	Yr 10 Girls (B)	100m			
	T19	Yr 10 Boys (A)	100m	S Wakeling	11.4	1997
	T20	Yr 10 Boys (B)	100m			
11.10	T21	Yr 8 Boys (A)	400m	R Hughes	63	2015
	T22	Yr 8 Boys (B)	400m			
	T23	Yr 9 Boys (A)	400m	R Hughes	62.18	2016
	T24	Yr 9 Boys (B)	400m			
	T25	Yr 10 Boys (A)	400m	H Lockwood	54.61	2016
	T26	Yr 10 Boys (B)	400m			
	T27	Yr 10 Girls (A)	300m	K Ratcliffe	45.7	2005
	T28	Yr 10 Girls (B)	300m			
11.35	T29	Junior Girls	1500m	S Fiske	5:03:10	1990
	T30	Senior Girls	1500m	S Fiske	5:03:10	1990
12.00	T31	Yr 7 Girls (A)	200m	S Lucas	27.30	1989
	T32	Yr 7 Girls (B)	200m			
	T33	Yr 7 Boys (A)	200m	S Wakeling	26.25	1996
	T34	Yr 7 Boys (B)	200m			
	T35	Yr 8 Girls (A)	200m	S Lucas	27.30	1989
	T36	Yr 8 Girls (B)	200m			
	T37	Yr 8 Boys (A)	200m	H Fisk	25.30	2004
	T38	Yr 8 Boys (B)	200m			
	12.30	- 1.30	BBQ LUNCH			
1.30	- 1.35	Registration				
1.40	T39	Yr 9 Girls (A)	200m	S Lucas	25.60	1991
	T40	Yr 9 Girls (B)	200m			
	T41	Yr 9 Boys (A)	200m	S Wakeling	24.40	1997
	T42	Yr 9 Boys (B)	200m			
	T43	Yr 10 Girls (A)	200m	S Lucas	25.60	1991
	T44	Yr 10 Girls (B)	200m			
	T45	Yr 10 Boys (A)	200m	S Wakeling	24.40	1997
	T46	Yr 10 Boys (B)	200m			

2.05	T47	Junior Boys	1500m	L Youngson	4.47	2000
	T48	Senior Boys	1500m	T Connors	4:11:80	1992
2.25	T49	Yr 7 Girls (A)	3 x 100m	Austen	41.19	2010
	T50	Yr 7 Girls (B)	3 x 100m			
	T51	Yr 7 Boys (A)	3 x 100m	Da Vinci	45.16	2016
	T52	Yr 7 Boys (B)	3 x 100m			
	T53	Yr 8 Girls (A)	3 x 100m	Austen	44.00	2010
	T54	Yr 8 Girls (B)	3 x 100m			
	T55	Yr 8 Boys (A)	3 x 100m	Austen	39.37	2014
	T56	Yr 8 Boys (B)	3 x 100m			
	T57	Yr 9 Girls (A)	3 x 100m	Curie	44.19	2016
	T58	Yr 9 Girls (B)	3 x 100m			
	T59	Yr 9 Boys (A)	3 x 100m	Nelson	39.88	2015
	T60	Yr 9 Boys (B)	3 x 100m			
	T61	Yr 10 Girls (A)	3 x 100m	Owens	43.79	2015
	T62	Yr 10 Girls (B)	3 x 100m			
	T63	Yr 10 Boys (A)	3 x 100m	Nelson	37.58	2016
	T64	Yr 10 Boys (B)	3 x 100m			

TUG OF WAR:

YEAR 7 & 8				YEAR 9 & 10			
	BOYS		GIRL		BOYS		GIRLS
2.20	Austen	V	Curie	Austen	V	Curie	
2.25	Da Vinci	V	Nelson	Da Vince	V	Nelson	
2.30	Owens	V	Austen	Owens	V	Austen	
2.35	Curie	V	Da Vinci	Curie	V	Da Vinci	
2.40	Nelson	V	Owens	Nelson	V	Owens	
2.45	Austen	V	Da Vinci	Austen	V	Da Vinci	
2.50	Curie	V	Nelson	Curie	V	Nelson	
2.55	Owens	V	Da Vinci	Owens	V	Da Vinci	
3.00	Austen	V	Nelson	Austen	V	Nelson	
3.05	Curie	V	Owens	Curie	V	Owens	

FIELD EVENTS:

10.10	Senior Boys	Shot
	Senior Girls	Long Jump
	Junior Boys	Triple Jump
	Junior Girls	High Jump
10.40	Senior Boys	Triple Jump
	Senior Girls	High Jump
	Junior Boys	Shot
	Junior Girls	Long Jump
11.10	Senior Boys	Long Jump
	Yr 10 Girls	Triple Jump
	Junior Boys	High Jump
	Junior Girls	Shot
11.40	Senior Girls	Shot
	Junior Boys	Long Jump
	Senior Boys	High Jump
ALREADY HELD	Junior Girls	Discus
	Junior Boys	Discus
	Senior Girls	Discus
	Senior Boys	Discus
	Junior Girls	Javelin
	Junior Boys	Javelin
	Senior Girls	Javelin
	Senior Boys	Javelin

RECORDS:

K Read	12.11m	1989
E Harrison	4.65m	1973
W Shoote	9.87m	1993
B West	1.31m	2005
R Lambert	12.50m	2000
K Brinkley	1.50m	2002
N Reeve	9.90m	1979
L Mitchelmore	4.50m	1973
R McKenzie	5.58m	1996
S Nickson	9.45m	2006
F Ramsden	1.51m	2016
M Toothill	9.04m	2008
M Toothill	9.40m	2010
K Jaynes	4.69m	1989
C Aldis	1.67m	2016
S Evans	23.73m	2015
	20.2m	
S Giles	15.9m	2015
J Ejembi	25.35m	2015
F Emerick	19.86m	2012
W Halford-Thompson	26.30m	2016
L Swinburne	22.52m	2016
M McMyn	33.84m	2016

Competitors	Mr S Martin, Miss J Upton, Mrs L Ramsay, Mr S Trevorrow, Mrs A Scott, Mrs J Wilson, Mr C Hadwen, , Mr S Rockett, Mr M Hardcastle, Mrs A Leost, Miss B Moreau, Mrs S Halford Thompson, Mrs A Healy, Mrs L Carr, Mr C Ryland, Mrs M Godson
Track Marshalls	i/c Mr K Tapscott, Miss J Hood-Wright, Mrs S Watson, Mr E Geronimo,, Mrs J Newman, Mr S Bainge
Track Recorders	Mrs P Harcourt, Miss K Saunders, Mrs S Bolton
Timekeepers	Mr D Yaroslaw, Mr J Steward
Track Officials	Mr N Mitchell, Mr D McMillan
Long Jump	Mr A Dubberley, Miss L Perrier
Triple Jump	Mrs J Farrow, Mrs R Cane
High Jump	Ms V Sandall, Mr P Hanraads, Miss E Stebbings, Miss J Blagg
Shot	Mr I Towler, Mr S Rinaldi
Tug of War	Mr N Mitchell, Mr A Dubberley
Result Recorders	Mrs M Moyes, Mrs N Coe
Photographer	Mr K Voller
Certificates	Miss N Sturges, Mrs L Keeble
First Aid	Mrs M Rose, Mr G Malster, Mrs S Fowler
P.A. System	Mr B Molton
Refreshments	Mrs C Bosley, Mrs C Gilgan

NOTE TO SPECTATORS

Please help the starter by being quiet at the start of each race and stay behind the ropes.

All competitors are scoring points for their Houses whether they finish first or last. Please be generous with your applause. The discus and javelin events will be held before the day.