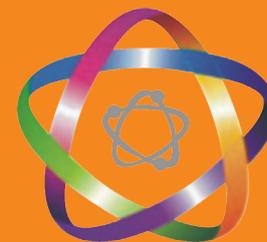


# ASPIRE



2015-16 Easter edition

## Full steam ahead

This term has seen our Careers Fair, World Book Day and much more. I am delighted to share these with you in words and in pictures in this edition.

This half-term we say a fond farewell to Reverend Patrick Cotton. To mark his retirement on Tuesday 22 March, we will be holding a whole school assembly, led by Bishop Martin Seeley, followed by an informal gathering for invited guests. Reverend Cotton has been an invaluable support to the school through his role as the local pastor and as a governor of the school. He will be sorely missed by us all and I hope that you will join me in wishing him a very happy retirement.

This half-term has seen the latest Friends of Debenham High School event in our Annual Quiz. It was a closely fought contest but the eventual winners, The Green Family, definitely deserved the trophy, with a genuine family effort.

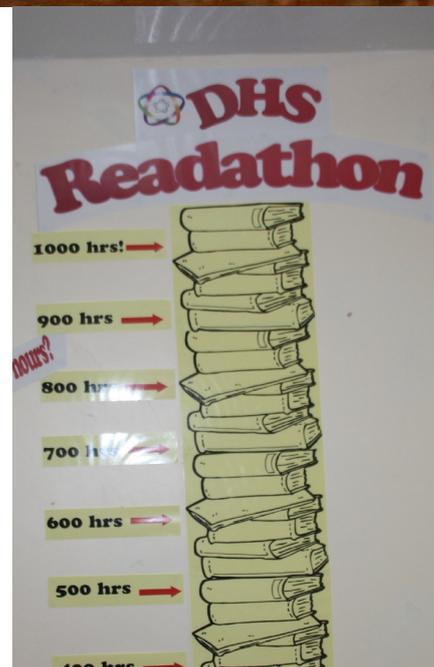
I wish all our readers a very Happy Easter.

Julia Upton

## World Book Day



Thank you to everyone who supported World Book Day. Students really got into the spirit of the day, dressing up as some imaginative characters. It seems as though the staff had a hidden wardrobe ready for the day! We were delighted to reach our 1,000 hours mark, with some further reading at home over the weekend. Students and staff all read for half an hour at the start of the day and continued to immerse themselves in literature throughout the day. It was lovely to share our love of reading with each other, indulge in some peaceful concentration and discuss what has captivated each of us. Students took part in the World Book Day Quiz, enjoyed the book swap and are already rising to the reading challenge. See more inside.



# Spotlight on our

Music forms an important part of life at Debenham High School. Students are encouraged to learn an instrument as part of their rounded development. Many students take graded examinations and play at the highest level, from County Music Ensembles and Suffolk Youth Orchestra to individual instrument national competitions. Equally many students play, for pleasure, taking enjoyment from the magic of making music, for just themselves or to share with others. In this edition of *Aspire*, we have chosen to place the spotlight on some of our music maestros.

Mr S Rinaldi, Head of Music



## **Nathan Austin (Year 10)**

Nathan plays the piano, electric bass guitar and the double (upright) bass. He taught himself to play the guitar and has been having piano lessons for two years and the double bass for just a few months.

Nathan's favourite moment as a musician was jumping from playing Grade 2 piano pieces to Grade 6 within a week!

Nathan would love to play in the orchestra at university or college and to apply what he has learnt through music to his career.

His advice to anyone thinking of taking up an instrument – “Just do it.”

## **Millie Clark (Year 7)**

Millie has been playing the flute for three years, the piano for four and is now teaching herself the saxophone.

Millie has just achieved second place in the Young Musician of the Year held at Woodbridge School and plays for the Suffolk Youth Orchestra, Aldeburgh Young Musicians as well as wind band, flute choir and the school orchestra. Millie's favourite pieces of music are Poulenc Flute and Piano Sonata and the Woder Mill by Robert Binge. Millie is hoping to gain her Grade 8 soon and would love to be a music teacher in the future. She says that music is a great way to meet lots of interesting people and she has heard that it helps to avoid getting dementia when you are older!



## **Phoebe Frampton (Year 10)**

Phoebe started to play the saxophone when she joined us in Year 7 and she has not stopped. She decided to learn as her friend played and she thought it was cool.

Phoebe is proud of the fact that through music she can surround herself with talented, kind and interesting musicians who she gets on really well with.

To others who might be at the start of the musical journey she advises to “Keep up your determination in order to advance and have fun.”



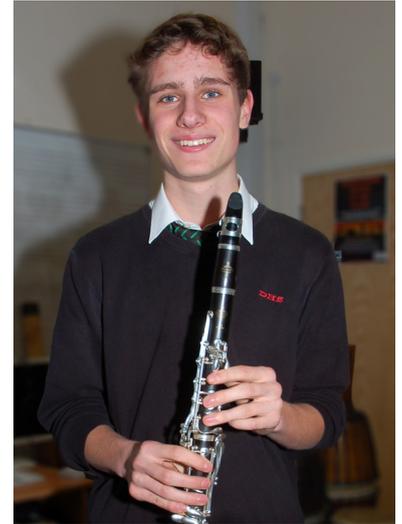
## music maestros



**Namichi Jackson (Year 7)**  
Namicha has been playing the piano for seven years and loves to sing, especially in the theatre. She takes part in Henley Players, Claydon Drama Workshop, numerous singing groups, including our own pop choir and she even has her own small band!  
She would like to perform for others and make them happy.



**Nicholas Van Ek (Year 7)**  
Nicholas has only been playing the piano for half a term but is already showing much talent. He hopes to be good enough to play in a band one day. He is proud of the fact that he had the courage to start and encourages others to do the same, as it is exciting hearing yourself progress.



**Ewan McMynn (Year 10)**  
Ewan has been playing the clarinet for seven years (Miss Downes says too long for her health!). His favorite piece of music is Sir Duke, which was played in the Spring Concert. He says his favourite musician is Mr Rinaldi but we think he might be creeping to the new teacher!



**Ellie Billington (Year 10)**  
Ellie has just taken up the flute, having played the piano for a number of years. She would love to be a songwriter in the future and has already started to compose a few tunes. Her advice to someone starting out is to start with something universal, such as the piano, from this it is easy to build.

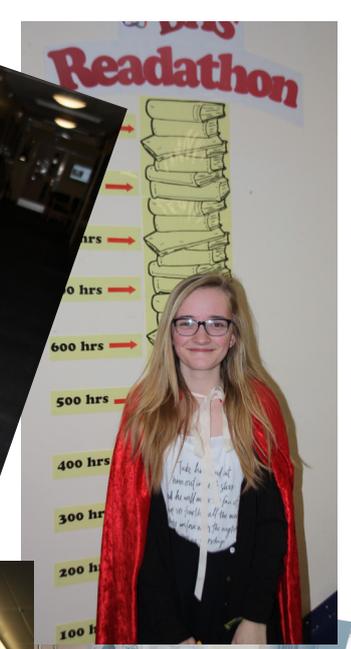


**Jodie Mitson (Year 10)**  
You may recall Jodie from Buggy but she also plays the baritone Horn, trombone and flute. Jodie likes that playing an instrument means she has friends in other years. She enjoys playing music with long phrases that add emotion to her playing. She is proud of her Bronze Arts Award (an arts equivalent to D of E).



**Nathan Godding (Year 10)**  
Often tucked away at the back, Nathan has been playing the drums for 8 years (we won't ask how many of those were tunefully).  
At DHS he is part of wind band, orchestra, drum group, pop choir and in fact anyone who asks. His advice to someone starting out is "Practise.... no seriously, practise."

# World Book Day



# Reading Challenge

As part of our love of reading, we are encouraging students, staff, parents and carers to take up our Reading Challenge. It does us all good to pick up a book and even more so to read something a bit different. Hence we are challenging everyone to try to read a range of books over the next term. Students have a sticker in the Reading Log in their Log Book and we encourage you all to join in.

Can you read....

1. A book published this year
2. A book given to you or lent to you by a friend
3. A book you can finish in a day
4. A book you have been meaning to read
5. A book published before you were born
6. A book you begun to read but gave up on
7. A book you have already read once
8. A book recommended by a teacher, librarian or bookseller.



# World Book Day Quiz

At lunchtime on World Book Day, Lower School students joined forces as they competed in teams to be World Book Day Champions. There are lots of prolific readers in the school so this was always going to be a closely fought contest.

The winning team was The Final Burn. They were Lily James, Sheridan Warner, Hannah Miles (all Year 9, pictured right). This is the third year in a row they have won it!

The runners up were Team Potato. They were Katie McKenzie, Lucy Clarke and Simon Harris (Year 8).

Try some of the questions that put them to the test.

1. What's the name of the Hunchback of Notre-Dame? Quasimodo
2. In the Tom Gates novels what is the name of Tom and Derek's band? Dog Zombies
3. Cherry, Summer, Skye, Coco and Honey are all girls in what series of books by Cathy Cassidy? The Chocolate Box Girls
4. Can you name the first two books in the Alex Rider series? Stormbreaker and Point Blanc
5. What is the name of John Green's popular novel that was made into a movie in 2015? Paper Towns



# Maths Challenge

Our Gold Medal winners hard at it in the next round of the competition.

See full article on what they are up to and how they did in the first round on page 8.





## The Debenham Award

The Debenham Award is a new, in school recognition of the work of Upper School students. It is designed to encourage students to work actively across the many different areas of school life. As a school, we wish to recognise the achievements of students when and wherever possible. Therefore a student's attendance, positive behaviour and participation in extracurricular activities, as well as their work within their subjects, are all taken into consideration when they strive to achieve their Bronze, Silver, Gold and Platinum Award. To achieve the impressive Platinum Award they need to be commended in EVERY subject that they study. We started this award in January 2016 and we hope that students will work towards this goal by the end of the academic year.



Our first, very worthy winners of the Bronze (B) and Silver (S) Award are:  
Back Row, Left to Right: Daniel Hempsted (B), George Dawson (B), Emma Turner (B), Amber Pearce-Wright (B), Matty Carter (B), Leah Golding (B), Lauren Chenery (B)  
Seated, From Left to Right: Ellie Billington (B), Nathan Austin (B), Aidan Coe (S), Barnaby Long (B)  
Front Row: Chloe Murray (B), Ellie Fawcner (S)

So what have our Debenham Award winners been involved in this term? Here is a flavour of the extracurricular involvement that they have been up to and what aspirations they have for the future.

Amber Pearce-Wright (Bronze winner)  
What activities have you been involved in at school?  
*Orcxhestra*  
What do you hope to do in the future?  
*I would like to go to medical school and work in the NHS.*

Ellie Fawkner (Bronze winner)  
What activities have you been involved in at school?  
*Brass group, hockey, Young Enterprise, Football and Cricket*  
What do you hope to do in the future?  
*I would love to be an early years teacher.*

Aidan Coe (Silver winner)  
What activities have you been involved in at school?  
*Windband, Extended Project and revision sessions for English, History, Geography and Physics*  
What do you hope to do in the future?  
*At the moment undecided between Veterinary Science or Mathematics at University.*

Leah Golding (Bronze winner)  
What activities have you been involved in at school?  
*Piano, volunteering at a creche and leading the Year 8 Netball Club*  
What do you hope to do in the future?  
*I want to work in Chemistry in some way*

George Dawson (Bronze winner)  
What activities have you been involved in at school?  
*Extra English every week after school*  
What do you hope to do in the future?  
*I would love to work in construction.*

Chloe Murray (Bronze winner)  
What activities have you been involved in at school?  
*Choir and various concerts. I am also completing my Duke of Edinburgh Award.*  
What do you hope to do in the future?  
*I would like to be a psychiatrist.*

Matty Carter (Bronze winner)  
What activities have you been involved in at school?  
*Revision for Maths and Physics and more recently guitar lessons and the school choir.*  
What do you hope to do in the future?  
*Veterinary surgeon*

Barnaby Long (Bronze winner)  
What activities have you been involved in at school?  
*Orchestra and too many sports to mention!*  
What do you hope to do in the future?  
*I would love to fly in the RAF.*

Lauren Chenery (Bronze winner)  
What activities have you been involved in at school?  
*I regularly go to Guides and use the Leisure Centre gym and I attend every revision session I can.*  
What do you hope to do in the future?  
*I would like to be a dentist.*

Daniel Hempsted (Silver winner)  
What activities have you been involved in at school?  
*HEROES (Young Carers), Duke of Edinburgh and School Council*  
What do you hope to do in the future?  
*I would like to work in finance of some sort.*

# Year 7 Geography Field Trip

## Year 7 Geographers investigate the regeneration of Ipswich Central Business District

All Year 7 pupils visited Ipswich to learn various skills and methods of Geographical Fieldwork and data collection. The hypothesis title was 'The regeneration of Ipswich has been successful at improving the facilities and the environment for local people and visitors'.

They had to collect data at three sites: the Waterfront, the main shopping CBD and Christchurch Park. The methods they were introduced to, involved: environmental surveys, an interview with staff at the Cult Café Bar, annotated field sketches, pedestrian and traffic surveys and questionnaires about shopping facilities. Data was collected and compared at various sites. The afternoon ended with a Treasure Hunt Quiz in Christchurch Park and a visit to the Reg Driver sustainable building in Christchurch Park.



# Memolt

The canny team at Memolt share what they have been up to and encourage you to be a part of this exciting start-up company.



## memolt™

### Innovating Note Taking

**We are Memo-it a Young Enterprise Company set up by Year 10's in September last year.**

**We've created a new innovative way of note taking by designing and making acrylic Memo-boards.**

**These are available in A4 size for £8 in either an upright or slanted design or A3 size for £15 as wall mountable boards with chrome fittings.**

**These are ideal for revision or at work, as well as shopping lists in the kitchen or a to-do list in the garage.**

**To find out more please visit : [www.memo-it.com](http://www.memo-it.com)**

**To place an order please email: [sales@memo-it.co.uk](mailto:sales@memo-it.co.uk)**

## UK Team Maths Challenge: Regional Final

On Thursday 3 March 2016, Ewan Green, Helena Hines, Emily King and Jake Phillips went to Framlingham College to compete in the Regional Final of the Schools Team Maths Challenge against fellow Year 8 & 9 students from around Suffolk & Essex. The competition was fierce, with an extremely high standard set by all participants and many of the participating schools considered some of the best in the area. The event consisted of four rounds which tested their Mathematical knowledge and problem-solving skills, as well as how well they could co-operate as a team. The competition was extremely close throughout the day, and it was clear that at the half way point Debenham was within a shout of victory. In the end the team finished an impressive 3<sup>rd</sup> out of 18 teams, and the highest of the state sector schools. Their performance was a credit to the school and all four pupils should be very proud of what they achieved.



## UK Intermediate Maths Challenge

Year 9, 10 and 11 top set Mathematics students entered the UKMT Intermediate round earlier this term. We were pleased to achieve 4 Gold Certificates, 26 Silver and 9 Bronzes. Two students in Year 9 have advanced to the Grey Kangaroo European round of the competition; WELL DONE to Zinnia Smart and Jake Phillips. Three students in Year 11 have advanced to the Pink Kangaroo round: WELL DONE to Bethan Barrett, Aidan Coe and Philip Ouko. We wish them every success with the next challenging exam.

<b>Gold</b>	<b>Year</b>	<b>Silver</b>	<b>Year</b>	<b>Bronze</b>	<b>Year</b>
Bethan Barrett	11	Emily Walczak	11	Nathan Austin	10
Aidan Coe	11	Mattie Carter	10	William Bosley	10
Philip Ouko	11	Sophie Caves	10	Ed Botwright	10
Zinnia Smart	9	Sam Fowler	10	Joseph Farrall	10
<b>Silver</b>	<b>Year</b>	Marcus McMyn	10	Danny Hughes	10
Charlie Boast	11	Alex Shore	10	Evie Kilbourn	10
George Carter	11	Charlie Williams	10	Ollie White	10
Lauren Chenery	11	Isaac Bachu	9	William Chapman	9
Harry Fawkner	11	Lauren Bosworth	9	James Davies-Stokes	9
Poppy Fawkner	11	Rory Coe	9	Leigh Dennis	9
Leah Golding	11	Ryan Keeble	9	Nerys Feeney Howells	9
Callum Gorham	11	Jake Phillips	9	Tilly Felton	9
Ellen Heath	11	Jake Smith	9	Jessica Gaitley	9
Paddy Hughes	11	Joe Styles	9	Helena Hines	9
Jamilla Simpson	11	<b>Bronze</b>	<b>Year</b>	Aluric Humphrys	9
Ben Richardson	11	Anna Keeble	11	Maggie Lynch	9
Niall Thomas	11	Ellie Billington	10	Bella Woodley	9

# Sports Updates

## Hockey

Under 14 mixed hockey v St. Joes drew 2-2 (lost on penalty shuffles)

Under 14 mixed v Hartismere won 6-2

Under 15 mixed v Hartismere drew 2-2

## Netball

The Under 13 and Under 14 Netball teams have played Royal Hopsital School this term. On our visits to Holbrook the Under 13 A and B teams were beaten 27-12 and 22-10. The Under 14 faired slightly better with the A team losing 27 - 15, the C team lost 15-7, but the D team had the best result with a 4-4 draw!

Under 14B v Hartismere B Lost 2-1

Under 14B v Thomas Mills B Lost 10 -1

Under 14B v Alde Valley A Lost 12-3

Under 14 A v Hartismere A won 19-10



Above: Matt Bensly

Top right: Under 14 Mixed Hockey

Right: Josh Smith

Below: Nerys Feeney-Howells

## Year 11 Boys Football

Despite a brilliant win away to East Bergholt in the previous round, the team departed the county cup at the quarter final stage losing 5-2 away to Sir John Leman school. An improved second half performance saw goals from Connor Williams and Josh Smith restore some respectability to the scoreline. The squad have a final run out in a friendly at home to Hartismere on 17 March. I would like to thank all those who have played their part in this team's success over the past five years and hope they will look back on their achievements with pride.

## Year 9 Boys Football

After losing in the county cup first round before Christmas, the Year 9 team are through to the semi-finals of the plate competition where they will play Holbrook or County Upper. This was after an impressive 4-1 away to St Benedicts school from Bury. Goals from James Davies-Stokes, Max Lindley and Kian Darwell-Taylor ensured a safe passage into the next round.

## Under 16 Girls Football

The girls beat Hartismere 3-0 in their county cup quarter final and will travel away to Sir John Leman school on Monday 21st March. The squad also has several Year 9 players and have done extremely well to reach this far.

## Other Football results

All vs Alde Valley: Year 7 lost 1-2, Year 8 lost 1-4, Under 14 Girls drew 2-2, Year 9 Boys won 8-2



# Sports updates

## **Under 15 Boys Handball**

The team made it through to county finals which took place on Thursday 10 March @ Inspire Suffolk in Ipswich. They played very well to finish 3rd overall, winning two and losing two of their four games.

## **Under 16 Rugby**

The final game of the season saw us take on Thomas Mills High School. After a slow start and some changes in position we started to make some progress with the more experienced players helping the less experienced understand and develop their play on the field. Thomas Mills, to their credit, were very well drilled and able find holes in our defence during the first half scoring on more than one occasion. The second half was far better for us. After a motivational team talk and better understanding of tactics we were able to hold and move the ball forward and work smarter in defence. After some excellent scums driving the Mills pack back and switching of the ball between the backs, Tim Leggett managed to score a well deserved try in the corner.

Squad: Will Bagnall (Captain), Alec Lawson, Jordan Ejembi, Iwan Lloyd, Henry Bullock, Harry Barrett, Eddie Knock, Nathan Lock, Marcus McMyn, Harry Trott, Aidan Coe, Sammy Tournay-Godfrey, Ben Jepson, Tim Leggett and Matt Bensly.

## **Under 13 Girls Cricket**

Won through the area competition beating Hartismere and Thomas Mills.

## **Under 15 Girls Cricket**

Also made it through to county finals.

Hot off the press on Friday 18 March both teams finished in an impressive 3<sup>rd</sup> place in the regional finals.



# Sports Updates



## Under 13 Girls Football

Top row left to right: Zinnia Smart, Mia Hyde, Abi Goodenough, Emily Barnes, Maisie Keeble, Scarlet Angrove

Bottom row left to right: Courtney Balaam, Willow Ainge, Nerys Feeney-Howells, Bea Trott

# Thanks to our sponsors



CLARICE HOUSE IPSWICH  
EXCLUSIVE HEALTH CLUB AND BOUTIQUE SPA



*“Escape your world and enjoy the Clarice House Ipswich experience”*

WWW.CLARICEHOUSEIPSWICH.CO.UK

01473 463262

Clarke & Simpson



## Property to shout about

Chartered Surveyors & Estate Agents  
For all your property needs

Based in Framlingham, we deal with property throughout Suffolk and beyond, with our Estate Management department acting for clients across the UK. We pride ourselves on our dedicated, personal and professional service.

Residential Sales & Lettings  
Land Agency & Professional Consultancy  
Development, Commercial Sales & Lettings  
Property & Machinery Auctions  
Fine Art & Chattels  
Estate Management

[www.clarkeandsimpson.co.uk](http://www.clarkeandsimpson.co.uk) T: 01728 724200

# Thanks to our sponsors

## The Suffolk Wedding Dress Exchange

The place to buy or sell sample or once worn designer bridal gowns in Suffolk.

We stock over 100 stunning bridal gowns, in sizes 6 to 28, by designers including Blue by Enzoani, Charlotte Balbier, Essence of Australia, Jenny Packham, Ian Stuart, Justin Alexander, Maggie Sottero, Ronald Joyce and many more...

[www.suffolkweddingdressexchange.co.uk](http://www.suffolkweddingdressexchange.co.uk) or call 01449 761813.



## Accountancy, bookkeeping, tax & VAT services on your doorstep

Your local chartered accountants



Fiona Holston Moore  
T: 07770 642491  
E: [fiona.holstonmoore@ensors.co.uk](mailto:fiona.holstonmoore@ensors.co.uk)

Ensors Chartered Accountants  
Making you more than just a number  
[www.ensors.co.uk](http://www.ensors.co.uk)



Sales of new & used outboards also available.

## Marine Services

Servicing, diagnostics & repairs to all makes & models of two & four stroke outboard engines.

Reliable, efficient and friendly service with over 20 years trade experience.  
No job too big or too small.

Contact Peter Scales  
Home : 01449 720095.  
Mobile : 07870 989 422  
E-mail : [pbsmarineservices@yahoo.co.uk](mailto:pbsmarineservices@yahoo.co.uk)



**Total dedication to quality dental healthcare.**

**Pleased to welcome children & young people as NHS patients as we continue to expand our services.**

**01728 723651**

26-28 Bridge Street, Framlingham, IP13 9AH  
[www.aldeburghdentist.co.uk](http://www.aldeburghdentist.co.uk)



Kids and U19s  
seen free within



## HIGH FLYERS

EQUESTRIAN & COUNTRY CLOTHING



We also stock a selection of Horse Feed/Bedding/Supplements,  
Dog Food, Bird/Chicken Feed

HIGHFIELDS FARM, BATTISFORD, STOWMARKET, SUFFOLK IP14 2HL  
TEL: 01449 722122 · [WWW.HIGHFLYERSCLOTHING.CO.UK](http://WWW.HIGHFLYERSCLOTHING.CO.UK)

## HIGH FLYERS

SELF-STORAGE

20' X 8' X 8' CONTAINERS (1,172 CU.FT)

**AVAILABLE  
FOR RENT**

HIGHFIELDS FARM, BATTISFORD,  
STOWMARKET, SUFFOLK IP14 2HL

TEL: 01449 722122

[WWW.HIGHFLYERSCLOTHING.CO.UK](http://WWW.HIGHFLYERSCLOTHING.CO.UK)

It is not too late to sponsor our newsletter.  
Please contact us on [admin@debenhamhigh.co.uk](mailto:admin@debenhamhigh.co.uk) if you wish to support our school in this way.